

Shifting JEEP Polarities from Sabotage to Achievement

<i>Factors</i>	<i>Negative Polarity</i>	<i>Shifting to the Positive Polarity</i>
<i>Judgment</i>	Distortions or illusions irrational, mistaken, prejudiced, unaware, confused thinking, indecision and bad choices	Analytical and intuitive thinking, increased awareness, subjective and objective evaluation, good, clear decisions
<i>Emotions</i>	Fear, anger, pain and disgust - stress protection: fight - flight response	Courage, acceptance, happiness, and love - passion, ambition, confidence, etc...
<i>Energy</i>	Lacking, losing, using, stealing, leaking, abusing, blocking or limiting the flow - greedy, selfish, lazy	Abundant power flowing, sharing, exchanging, giving generously and receiving gratefully
<i>Patterns</i>	Sabotaging negative: mental, physical, and emotional programs, self destructive, limiting, blocking	Deliberate intentions: adaptive positive patterns, simplifying life, successful, positive, constructive