

## Your Personality Profile: Stress Reaction:

**Fear Based:** minimal - moderate - intense (escape)

**Anger Based:** minimal - moderate - intense (fight)

**Pain / Disgust Based:** minimal - moderate - intense (hide)

## The Three Agencies of Power:

(Which is your strongest and which is your weakest – number 1, 2, 3.)

**Perception** \_\_\_\_\_ Observation & Noticing

**Judgment** \_\_\_\_\_ Analyzing & Decisions

**Will Power** \_\_\_\_\_ Energy & Determination

## Table of Anthony Robbins' Six Human Needs

Rank which are most important to you from 1 to 6.

Rank	Categories	Description of the needs
	<b>Certainty - Comfort</b>	security, safety, predictability, protection, stability, simple, easy
	<b>Uncertainty - Variety</b>	instability, change, suspense, variety, surprise, uniqueness, complexity
	<b>Significance</b>	sense of importance, uniqueness, feeling special, competitiveness, seeking power
	<b>Connection - Love</b>	feeling of closeness, unified, intimate, desire to relate, sharing, bonding
	<b>Growth</b>	expanding your capacity, need to develop emotionally, intellectually, spiritually
	<b>Contribution</b>	give to others, leadership, support, service, dedication, generosity, kindness